

CERTIFICATE OF PARTICIPATION

This is to certify that

Ryder Nkhwashu

Has successfully participated & completed the
21km SA Run 4 Cancer Ultra Marathon 2019
held at Polokwane Rugby Fields.

TIME 02:15:15

PACE 06:25/km

GENDER 199 of 443

OVERALL 237 of 766

SENIOR (20-39) 113 of 215



26 October 2019, Sat

Date

BoutTime

Signature

